



David C. Hall, MD
Child Adolescent & Family
Psychiatry

1019 – 21st Street
Anacortes, WA 98221

360-588-9470 360-299-4372 fax
drdave@familyhealing.com
<http://www.FamilyHealing.com>



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Greetings Colleagues and Neighbors,

I am a Child Adolescent and Family Psychiatrist who just closed a 28-year private practice in Seattle at the end of August. My wife Anne and I moved to Lopez Island at the end of August for a new job for her. I have opened a new part-time practice for children, youth and families in Anacortes as of October 17th. I joined Gina Thompson MD and her colleagues in beautiful new space she and her husband Jim recently completed. I would love to meet colleagues and members of the community who would like help from someone with my expertise.

My bachelors degree is from Harvard. I then worked for three years at Western State Hospital before attending and finishing medical school, Psychiatry and Child Psychiatry training at the University of Washington.

I specialize in services to highly distressed families and their children. Problems I routinely diagnose and treat include depression, anxiety, OCD, moodswings, ADD/ADHD, major emotional trauma, psychosis, divorce, and complex family conflict. Other common issues include school refusal, school failure, learning difficulties, oppositional behaviors, substance abuse, gender identity issues, parenting mediation and education, and occasional evaluations for adolescent legal issues.

Browse my web site and feel free to email me with your questions. I am especially interested in supporting school personnel working with difficult children and will happily volunteer to come to schools to consult with school counselors and staff.

For families seeing me in my office, I prefer that patients pay full fee at the time of service. If you are insured by plans with reasonable reimbursement rates, I will accept those rates. I will provide the necessary information for patients to bill their own insurance. I am a preferred provider with some Regence and Blue Shield medical plans and will consider joining new plans if need be. I negotiate fees with Aetna regularly. We can bill insurance, if that is important. Patients who need to negotiate fees should provide documentation of income, preferably two recent tax returns and current pay stubs.

In 2001 I self-published *Stop Arguing and Start Understanding: Eight Steps to Solving Family Conflicts*, which won a Benjamin Franklin Gold Award from Publishers Marketing Association for best first book nonfiction by a new publisher, and a Bronze Award for Best Parenting Book of the Year from Forward Magazine. You can sample the book on my web site.

Referrals are welcome. I keep my own calendar. Happy to consult by phone. Happy to come talk about any of the issues around mental health you might like me to address, or simply come by to introduce myself and meet new colleagues.

I look forward to joining the healthcare community in and around Anacortes.

Best regards,

A handwritten signature in black ink that reads "David C. Hall MD". The signature is written in a cursive, slightly slanted style.